



4th Annual

# Team Daniel

## Running for recovery from mental illness

### 5k run/walk



Una Broderick  
2013 2014 & 2015 overall Female  
winner & female course record holder

Charles Skidmore  
2015 overall Male Finisher & course  
record holder (16:56)

Date-Sunday 11/13/15  
Time: 5K-9:00 am



1/4 mile kids fun  
run 8:30

### Sponsored by:

Bronx Westchester  
Medical Group



Top 3 overall male and female  
Top 3 in each age group  
14 & under, 15-19, 20-24, 25-29,  
30-34, 35-39, 40-44, 45-49, 50-54,  
55-59, 60-64, 65-69, 70-74, 75-79,  
80 and over

### Entry fees:

- \$25 pre registration or donate through 11/05 at active.com (search for Team Daniel) or at Teamdanielrunningforrecovery.org
- \$25 on 11/7 at the Runner's Edge
- \$30 day of race

**Start line located at**  
**North Hempstead Beach Park (Bar Beach)**  
**175 W. Shore Rd. Port Washington**  
**LIE to exit 37 toward Willis ave. right onto**  
**Old Northern Blvd. Left onto W. Shore Rd.**  
**Enter at North Hempstead Beach Park**

Proceeds go to organizations  
supporting people affected by mental illness

Team Daniel Running For Recovery From Mental Illness became our vision when our son was diagnosed with schizophrenia. It took us years to develop an integrated medical approach that included an augmented clozapine regimen, exercise, diet, and other ancillary services that he needed to thrive in the world.

Daniel is now a college graduate (on the Dean's List). He lives in Manhattan and is doing stand up comedy at clubs in the city, learning to be independent. It has taken a lot of resources and effort but Daniel is a productive member of society and will live his dream. We believe in running, relationships, research and ultimately recovery. Team Daniel is a 501(c)3 charitable organization..

**Packet pick up**  
**Sat 11/12**  
**The Runner's Edge**  
**242 Main street Farmingdale 12-5**  
**Plus day of race 7:30-8:45**

**For more information or to register call:**  
**Debbie Blair 516-297-5735 or**  
**Nancy Eisenhuth 646-824-4703 or**  
**Email teamdaniel5k@gmail.com**  
**Teamdanielrunningforrecovery.org**

Entry fee payable to Team Daniel  
Mail entry and fee to  
Nancy Eisenhuth  
73 Hudson Road  
Bellerose Village NY 11001

**Please complete the entry form, read the following statement, and sign below. In consideration of your accepting this entry, I, the undersigned, intend to be legally bound, hereby for myself, my heirs, my executors and administrators, successors and assigns, hereby waive and release and hold harmless Team Daniel 5k charity, the greater Long Island Running Club, Nassau County Police Department and all event sponsors, and their employees, agents and successors and assigns for any and all liabilities, claims, demands and causes of actions whatsoever arising directly or indirectly from my participation in this event, even if such liabilities claims, demands, and causes of action arise in whole or in part out of the negligence of any of the above organizations or individuals. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event, and that my physical condition has been verified by a licensed medical doctor. If signed by a parent, the parent agrees to release and hold the above named organizations and individuals harmless of any claim and right which might otherwise have been asserted on behalf of the applicant. Further, I hereby grant permission to any and all of the foregoing organizations and individuals to use photographs, videotapes, motion pictures, recordings and any other record of this event for any purpose whatsoever.**

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone \_\_\_\_\_  
email \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian if under 18 \_\_\_\_\_ Date \_\_\_\_\_

T-shirt Size:    S       M       L       XL

Sex    Age on race day    Birthdate mm/dd/yyyy