



Saturday, October 14, 2017 • 9:00 AM • Townsend Square, Oyster Bay, NY

Town Supervisor  
JOSEPH SALADINO



#### ENTRY FEES

Pre-registered (through October 13) ..... \$25  
Pre-registered Town of Oyster Bay residents ..... \$22  
(50% discount for pre-registered under age 16)  
Day-of-race ..... \$30

#### PACKET PICKUP

##### FRIDAY, OCTOBER 13

Runner's Edge, 242 Main Street,  
Farmingdale, noon to 5:00 PM

##### SATURDAY, OCTOBER 14

Community Center, Townsend Square,  
East Main Street, Oyster Bay, 7:15 AM to 8:45 AM

#### MAIL COMPLETED AND SIGNED APPLICATION, WITH CHECK PAYABLE TO "GLIRC" TO:

Greater Long Island Running Club  
101 Dupont Street, Suite 24  
Plainview, New York 11803

#### FOR MORE INFORMATION, CALL

Diane Ramos, Town of Oyster Bay (516) 797-4125  
Mike Polansky, GLIRC (516) 349-7646

#### 2016 WINNERS

Nick Filippazzo ..... 15:20  
Betsy Eickelberg ..... 18:06

#### 2016 TOWN OF OYSTER BAY WINNERS

Dan Gargaro, Jericho ..... 15:53  
Victoria Kornieva-Robitaille, Massapequa Park ..... 18:12

#### AWARDS

Top 3 Male and Female Overall  
First place Male & Female Town of Oyster Bay residents  
Oldest & youngest Town of Oyster Bay residents  
Top three Wheelchair finishers  
Top 5 male and female finishers in the following age categories: 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, and 85 plus  
Top 5 clydesdales 185-199 pounds, 200 pounds plus  
Top 5 athena women 140-159 pounds, 160 pounds plus

#### RUNNER'S EDGE LONG ISLAND CHAMPIONS CHALLENGE

Open Only to bona fide residents of either Nassau County or Suffolk County!  
\$250 1st OA (Male and Female)  
\$150 2nd OA (Male and Female)  
\$100 3rd OA (Male and Female)

#### DIRECTIONS

Take L.I. Expressway to Exit 41 north; at fork bear right to stay on route 106. take 106 north into Oyster Bay. Make a right turn onto East Main street. Just past the Firehouse, make a right turn into the Townsend Square parking lot. Overflow parking is available at Oyster Bay-East Norwich High School, farther east on Main Street.

#### HIGH QUALITY GIVEAWAYS TO ALL ENTRANTS!

Join us for the Run.....Bring the family and stick around afterwards for all the fun at the OYSTER FESTIVAL!

#### THE COURSE

Join us for an exciting course through the heart of the hamlet of Oyster Bay.

#### RACE ADMINISTRATION BY

- Town of Oyster Bay Department of Parks, Recreation Division
- The Greater Long Island Running Club
- JMS Racing Services
- Results available within 24 hours at glirc.org & pigmantri.com

ONLINE REGISTRATION CLOSES AT  
11:59 PM, OCTOBER 12TH



Town of Oyster Bay Supervisor's 5 Kilometer Run • October 14, 2017 • Make checks payable to "GLIRC" • Mail to: GLIRC, 101 Dupont Street, Suite 24, Plainview NY 11803

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Address \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Age on race day \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: M \_\_\_\_\_ F \_\_\_\_\_ Phone # ( ) \_\_\_\_\_ Email \_\_\_\_\_  
Clydesdale/Athena? (check here) \_\_\_\_\_ Weight Category (check one): Male 185-199 \_\_\_\_\_ Male 200 plus \_\_\_\_\_ Female 140-159 \_\_\_\_\_ Female 160 Plus \_\_\_\_\_ Shirt Size \_\_\_\_\_  
Wheelchair Athlete? Check here \_\_\_\_\_ Resident of Town of Oyster Bay? Check here \_\_\_\_\_ Additional contribution \_\_\_\_\_

PLEASE COMPLETE THIS ENTRY FORM, READ THE FOLLOWING STATEMENT, AND SIGN WHERE INDICATED: in consideration of your accepting this entry, I, the undersigned, intending to be legally bound, do hereby for myself, and for my heirs, executors, administrators and assigns, hereby waive, release, and hold harmless THE TOWN OF OYSTER BAY, THE GREATER LONG ISLAND RUNNING CLUB, NASSAU COUNTY, JMS RACING SERVICES, all race sponsors, and their representatives, agents, employees, successors and assigns, from any and all liabilities, claims, demands and causes of action of any kind, whether or not arising in whole or in part out of the fault or negligence of any of the abovementioned organizations or individuals. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event, and that my physical condition has been verified by a licensed Medical Doctor or doctor of Osteopathic Medicine. If signed by a parent, the parent agrees to waive, release and hold the above organizations and individuals harmless of and from any claims and rights which otherwise might have been asserted on behalf of the entrant. Further, I hereby grant permission for the Town of Oyster Bay and the Greater Long Island Running Club to use photographs, videos, motion pictures, recording, and any other record of this event for any purpose whatsoever.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
If under 18 years old, signature of parent or guardian \_\_\_\_\_ Date \_\_\_\_\_