

STILLWELL  
PRESERVE  
WOODS



2016  
SATURDAY  
MAY 7<sup>th</sup>

# The MACHO Trail Run

MY ACTIONS CAN HELP OTHERS

REGISTER ONLINE [www.RaceAwesome.com](http://www.RaceAwesome.com)

## BRANDS CYCLE & FITNESS

Cedar Creek Park  
Spring Duathlon  
April 10th, 2016



Run 1.2 miles, Cycle 11 miles, Run 1.2 miles

[www.RaceAwesome.com](http://www.RaceAwesome.com)

10K ☀️ 5K RUN/WALK ON THE DARK SIDE

EPISODE  1 EPISODE  2 EPISODE  3

CEDAR DARK NICKERSON DARK EISENHOWER DARK

8.6.2016 9.16.2016 10.28.2016

[DARKSTRIDES.COM](http://DARKSTRIDES.COM)