



# Sunday, Oct 16

## 13th Annual

# 5K Walk/Run For Education



Elwood Middle School - Greenlawn, NY

**Fun Run** (1/4 mile) - 9:00am

**5K Walk/Run** - 9:30am

**Check-in:** 7:45 -9am

- Course Description:** Moderately challenging with several rolling hills, great for a runner of any experience & perfect for walkers!
- Timing & Results:** Computerized chip timing & scoring by Just Finish, Inc. Results will be posted at justfinish.net.
- Amenities:** Top quality t-shirts for 1<sup>st</sup> 300 entrants, post race refreshments, music, awards & raffles.
- Awards:** Overall Male/Female 1<sup>st</sup> place winners, Male/Female 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in each age category.



Entire net proceeds fund Elwood District Programs not covered by the budget.

For more information call (631) 213-9873, visit [www.elwoodendowment.org](http://www.elwoodendowment.org) or email: [eee5krace@gmail.com](mailto:eee5krace@gmail.com).

**ENTRY FORM** - Please complete a separate form for *each* participant. Send completed forms & check (payable to Elwood Education Endowment) to: EEE, PO Box 1368, Elwood, NY 11731

**Online Registration:** [www.elwoodendowment.org](http://www.elwoodendowment.org) & [active.com](http://active.com) **Race Day Registration:** 5K until 9am, Fun Run until 8:45am

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Age on race day \_\_\_\_  Male  Female

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Entry Fee:  5K Walk/Run - \$20 (\$25 on race day)  Elwood Student - \$10  JGHS  EMS  Boyd  Harley  
 Kids Fun Run (ages 9 & under) - \$5

Please indicate school:

Additional Donation \$ \_\_\_\_\_ Total Enclosed \$ \_\_\_\_\_

In consideration of your accepting this entry, I the undersigned, intending to be legally bound, for myself, my heirs, executors and administrators, hereby waive and release and hold harmless the Elwood Education Endowment, the Elwood School District, Town of Huntington/Department of Highways, Suffolk County, Just Finish, Inc., USA Track and Field, all sponsors of this event and their representatives, successors and assigns, for any and all liabilities, claims, demands, and causes of action arising in whole or part out of the negligence of any of the above organizations or individuals. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event, and that my physical condition has been verified by a licensed medical doctor. If signed by a parent, the parent agrees to release and hold the above named organizations and personnel harmless of any claims and rights that may be asserted on behalf of the entrant. Further, I hereby grant permission to any and all of the foregoing organizations to use photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose whatever.

Signature \_\_\_\_\_

Date \_\_\_\_\_